# TDSB Resource List: Anti-Sexism and Gender Equity including Boys' Developmental Issues

## **Book for Educators**

Canadian Women Studies: York University Publication. Contact Cwsc@yorku.ca or telephone 905-736-5356

A quarterly magazine that covers all issues pertaining to the lives of girls and women

Coomber J and R. Evans (1999) *Women Changing Canada*, Toronto: Oxford University Press.

This book tells the story of Canadian women in the 20<sup>th</sup> Century. It is an informative resource for those who want to know more about the ways Canadian women have contributed to their country's development over the past 100 years.

Gurian, Michael (1998) A Fine Young Man, New York: Penguin Putnam Inc.

Michael Gurian employs user-friendly language that paints a not-so wonderful picture of where our boys are and where he feels they need to be. His premise is heavily influenced by the biological determinism/testosterone argument and only touches lightly on the role of social construction of gender.

Kivel, Paul (1999) Boys Will Be Men, Gabriola Island, B.C.: New Society Publishers.

Perhaps one of the best books for anyone wanting to promote the healthy and holistic development of boys. Paul Kivel deconstructs the current atmosphere our sons mature in, and gives a comprehensive overview of interventions. He writes from a social construction of gender point of view and makes connections with environmental issues. Thoughtful and completely inclusive, Kivel's book is one of the most accessible resources on boys.

Kindlon, Dan, Ph.D. and Michael Thompson, Ph.D (1999) *Raising Cain: Protecting The Emotional Life Of Boys*, New York: Ballantine.

In *Raising Cain* the authors draw on their experience as school psychologists to answer the crucial question, "What do our boys need that they are not getting?". This book clearly illustrates the devastating impact of the cultural devaluing of boys' emotional intelligence.

Miedzian, Myriam (1991) *Boys Will Be Boys: Breaking the Link Between Masculinity and Violence*, New York: Doubleday.

Meiedzian's ground breaking work was the first to really explore the links between the masculinity myths, boys development, and societal violence. Much of the work in the boys' movement has been built on this foundation.

Merrit, Susan E. (1992-99) HER STORY, St. Catherine: Vanwell Publishing Limited.

In this three part series, the author explores a past that has rarely been told. Canadian history comes through the hardships and triumphs of these remarkable women.

Pollack, William, Ph.D. (1998) Real Boys: Rescuing Our Sons from the Myths of Boyhood, New York: Henry Holt and Company, Inc.

Pollack's groundbreaking book has become the academic bible that the new boys' movement was launched from. *Real Boys* sums up the cumulative, destructive legacy that patriarchal social construction has left for our sons. Solid research nicely links the negative implications that this boy code can have for all of us. A must read.

Pollack, William S., Ph.D. (2000) Real Boys' Voices, New York: Random House.

*Real Boys' Voices* is a collection of candid one-on-one interviews with boys of all ages and backgrounds. The topics raised range from violence and drugs to love and relationships with parents. One chapter is entirely devoted to moving interviews with boys from Columbine High School in the wake of the tragedy that happened in their hometown. A very powerful read that ties in nicely with all the issues explored in *Real Boys*.

Pollack, William S., Ph.D. and Kathleen Cushman (2001) *Real Boys Workbook*, New York: Villard Books.

The latest instalment in the *Real Boys* series. This book puts theory to practice with lots of work sheets, exercises, tips, and strategies for understanding why boys behave the way they do and how to intervene, mentor, and encourage the best for any boy in your care. Two chapters specifically speak to the needs of elementary and secondary teachers.

Pope, Harrison G., Katharine A. Phillips, and Roberto Olivardia (2000) *The Adonis Complex: The Secret Crisis Of Male Body Obsession*, New York: Free Press.

The *Adonis Complex* is an essential read for anyone wanting to understand the body image issues of men and boys in an age of the hyper masculine media images. Pervading sociological trends (in the form of case studies) are grounded in a well-developed historical context.

Thorne, Barrie (1999) *Gender Play: Girls and Boys in Schools*, New Brunswick: Rutgers University Press.

This book develops fresh insights into the everyday social worlds of kids in elementary schools in North America. With rich detail, Thorne looks at the "play of gender" in the organization of groups of kids and activities.

## **Books for Students**

## **Primary/Junior**

Adler David A. (1993) A Picture Book of Anne Frank, U.S.A.: Holiday House.

An inspiring and painful story of a young Jewish girl whose diary chronicles the years she and her family hid from the Nazis in an Amsterdam attic.

Bailey, Debbie (1991) My Dad, Willowdale: Annick Press.

A preschool "talk about book" which shows a wide range of dads interacting with their children.

Chan, Arlene (1997) Spirit of the Dragon: The Story of Jean Lumb, A Proud Chinese Canadian, Toronto: Umbrella Press.

An inspiring account of Jean Lumb, whose determination, strength, and dedication helped her overcome adversities.

Chin Charlie (1993) China's Bravest Girl, San Francisco: Children Book Press.

In this poetic picture book, we get to know a heroine who is courageous and wise, respectful and loving, and is able to meet men on equal terms.

Colman, Penny (1993) Fanny Lou Hamer and the Fight for the Vote, Conneticut: Millbrook Press.

This is a biography of a woman who devoted her life to helping Blacks register to vote and gain a national political voice.

Demi (1997) One Grain of Rice, New York: Scholastic Press.

This delightful picture book tells the story of a clever village girl from India who outwits a selfish king. She uses her wisdom to teach the king what it truly means to be wise and fair.

Grimes, Nikki (1999) My Man Blue, New York: Penguin Putnam Inc.

A wonderful colour picture book with poems that challenges the myth of manhood with the love of a little boy.

Hoffman, Mary (1991) Amazing Grace, London: Fracis Lincoln.

This is a warm story of a young girl that repeats over and over again "You can be anything you want". The pictures are lively and realistic.

Hopkinson, Deborah (1993) Sweet Clara and the Freedom Quilt, New York: Dragonfly Books.

This picture book is stunning. A young girl achieves her goals by being courageous, wise, and by listening to her elders.

Lauture, Denize (1992) Father and Son, New York: The Putnam & Grosset Group.

This richly colored picture book for the kindergarten to grade one level tells a rhyming story of the father-son bond.

McGill, Alice (1999) *Molly Bannaky*, Boston: Houghton Mifflin Company.

Molly Bannaky is the story of one remarkable woman and her courage, determination, and vision. Glowing pictures compliment the historical text.

Saller, Carol (1997) Florence Kelly, Minneapolis: Carlrhoda Books Inc.

This is a biography of a determined woman who worked to improve the lives of children, the poor, and adult workers.

Sisulu, Elinor Batezat (1996) *The Day Gogo Went to Vote*, New York: Little brown and Company.

This amazing picture book is the powerful and inspiring story of Gogo who uses her right to vote to show the meaning of democracy.

Patrick Jean L.S. (2000) *The Girl Who Struck Out Babe Ruth*, Minneapolis: Carolrhoda Books Inc.

An inspiring retelling of the day Jackie Mitchell, a seventeen-year-old female professional baseball player, struck out the New York Yankees' best hitters, Babe Ruth and Lou Gehrig, in an Exhibition game in 1931.

Sherrow, Victoria (2000) Wilma Rudolph, Minneapolis: Carolrhoda Books Inc.

This is the biography of a woman who overcame crippling polio as a child to become the first woman to win three gold medals in track in a single Olympics.

Quinlan, Patricia (1987) *My Dad takes Care of Me*, Willowdale: Firefly Books. This lovely picture book dispels stereotypes of gender roles

Watada Terry (1998) *Seeing the Invisible: the Story of Dr. Irene Uchida- Canadian Scientist*, Toronto: Umbrella Press.

This book tells the fascinating story of Dr. Uchida's life and her contributions to science.

## **Intermediate**

Marx, Trish (2000) One Boy From Kosovo, HarperCollins Publishers.

A beautifully photographed book that tells a very real story of one boy's struggle in a country at war.

Campagna, Phil (2000) The Liberty Circle, Toronto: Napoleon Publishing.

This intermediate-level novel has its isolated male protagonist lured into the ranks of a neo-nazi youth gang.

Matas, Carol (1987) LISA, Toronto: Lester and Orpen Dennys Publishers.

A historical fiction set during World War Two, tells the courageous story of fifteen-yearold Lisa who sets aside her dream of romance to become full participant in the frightening world of armed resistance.

Neubweger, Anne E. (1995) *The Girl-Son*, Minneapolis: Carolrhoda Books Inc.

Based on the life of Induk Pahk, a Korean educator, whose widowed mother disguised her as a boy at the age of eight in order for her to attend school, a choice forbidden to girls in the early  $20^{th}$  Century in Korea.

Roy, Lynette (1992) Brown Girl in the ring. Rosemary Brown: A Biography for Young people, Toronto, Sister Vision.

Brown Girl in the Ring is the inspiring biography of Rosemary Brown: politician, peace activist, feminist, and first Black woman to be elected to parliament in Canada.

#### **Senior**

Selvadurai, Shyam (1994) Funny Boy, Toronto: McClelland & Stewart Inc.

A senior-level novel that tells of a boy's bittersweet passage to maturity and sexual awakening set against escalating political tensions in Sri Lanka.

Women Changing the World, (2000) New York: The Feminist Press.

This series introduces readers to contemporary international women whose heroic lives have helped to shape our world. This series has the following titles to date:

Aung san Suu Kyi: Standing Up for Democracy in Burma

Rigoberta Menchu: Defending Human rights in Guatemala

Mairead Corrigan and Betty Williams: Making Peace in Northern Ireland

Mamphela Ramphele: Challenging Apartheid in South Africa

Ela Bhatt: Uniting Women in India..